

## UCAT membership form

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

### Your contributions are greatly appreciated!

Please check the appropriate box:

I/my organization would like to be a UCAT member.

I/my organization would be willing to donate in kind services (mailings, printing).

I/my organization would like to make a financial contribution (tax-deductible).

I/my organization would be willing to occasionally volunteer on UCAT projects.

I/my organization would like to receive a monthly newsletter about UCAT.

### Return to:

UCAT  
P.O. Box 183393  
Shelby Township, MI 48318-3393  
(586) 979-1293



... Join us in making a difference



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“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it is the only thing that ever has.”

**Margaret Mead**

## Important numbers

UCAT (586)979-1293

Community Assessment, Referral, Education (CARE) Agency

Parent Training (586) 412-0088  
Student Assistance (586) 412-0077  
Substance Abuse Information (586) 412-0033

Family Support Network of Michigan (800) 359-3722

Parent Help Line (24-hour help in a CRISIS line for parents)(800) 942-HELP

Macomb County Health Department (586) 469-5235

Poison Control (800) POISON1

Homework Hotline (after 5 p.m., Monday through Thursday) (800) 365-1909

Parent Support and Advocacy Project (586) 615-9207

Macomb County Crisis Center (586) 307-9100

Michigan Department of Consumer & Industry Services

Child Care Licensing (586) 412-6801



Utica area  
Community  
Action Team

Dedicated to preventing  
substance abuse in our  
community

**(586) 979-1293**

## Who we are ...

The Utica area Community Action Team is a coalition that was formed in 1992 to serve the Utica Community Schools attendance area. UCAT's mission is to develop and implement strategies that will prevent, delay or reduce alcohol, tobacco and other drug use by youth in our community. These programs have parental and community input, and enhance current ongoing substance abuse prevention efforts in schools and the community.



## Members include ...

- ✓ Parents
- ✓ Educators
- ✓ Law enforcement
- ✓ Business
- ✓ Government officials
- ✓ Interested citizens
- ✓ Students
- ✓ Media
- ✓ Faith community
- ✓ Civic/volunteer groups
- ✓ Organizations serving youth
- ✓ Organizations involved in reducing substance abuse



## Our goals ...

- ✓ Increase community awareness about the devastating effects of alcohol, tobacco, and other drugs.
- ✓ Promote positive community activities for youth.
- ✓ Support local parents in their prevention efforts.

## How we achieve our goals ...

### Through our work, we:

- ✓ Sponsor "Spring Break, Michigan Style" drug-free activities for junior high and high school students during the week of spring break.
- ✓ Promote social norms for drug-free lifestyles.
- ✓ Support and acknowledge the challenges of parenting in the 21st century by hosting parenting workshops.
- ✓ Promote positive youth development and asset building.
- ✓ Sponsor a safe and sober driving campaign annually.
- ✓ Encourage collaboration to provide a consistent and unified process to stop underage drug use and curb the availability of drugs.
- ✓ Increase awareness of drug treatment and family support resources.



## We believe ...

The support of the community is essential to attaining our vision.

**Parents** play a leading role in building healthy families.

**Youths** are the future leaders in sustaining a healthy community.

**You** can make a difference and we want you on our team.